

## AVENEL COMMUNITY ASSOCIATION 2018 SWIM TEAM APPLICATION

The Avenel Swim Team welcomes all Avenel residents' children aged 4 to 18 (as of 6/5/18) to join the Avenel Alligators Swim Team for the 2018 season. In order to participate, please complete the application attached hereto, including all requested information, the signatures of the child(ren)'s parents or legal guardians, <u>and</u> payment of the applicable registration fee of \$275 per child; if you have three (3) or more children on the swim team, the fee is \$225 per child. In addition, the Swim Team can only operate with sufficient volunteers, so the following application form contains a volunteer section that must also be completed.

Swim Team practices begin the day after Memorial Day (Tuesday, May 29) and continue through July. Additional information about the Swim Team, including meet dates, is available on the Avenel webpage at <u>www.Avenel.net</u>. Practice times are:

Pre-team - 5:15-5:45 pm, M-F Ages 6-10, 5:45-6:45 pm, M-F Ages 11 & up, 6:45-7:45 pm, M-F

Please note that only children who are 6 years or older and can swim one full length of the pool may participate on the regular swim team (i.e., in swim meets against other swim teams). However, 4- and 5-year olds, as well as those 6 and up whose swimming skills aren't quite there yet, may be part of our "Pre-Team," which includes 30-minute swim practice/lessons every afternoon, participation in all team social events (with age-appropriate activities), and the Pre-Team Lollipop Meet on Saturday, July 14 from 4:30 to 6:30 pm. We hope that all of our Pre-Team swimmers will become "full" team members in future years, and we encourage our Pre-Team members to come to our home meets to cheer on the older kids as they compete against other swim and country clubs.

By order of the HOA, if your child is 10 years old or less, a parent or adult guardian MUST remain at the pool during practice/lessons or your child will not be allowed to practice. This rule will be strictly enforced.

## Please Register by May 15, 2018

Please complete this application and mail or drop off, along with a check covering all applicable fees (made payable to the **"Avenel Community Association"**), at the Avenel Office or to Kim Reed at 9868 Avenel Farm Drive. <u>Swimmers who are not registered by the first practice will not be allowed to participate in any team activities, including practice, until they are properly registered and paid.</u>

For questions about the Swim Team or this application, please contact Teresa Lee, Swim Team Representative, at <u>tleewu@gmail.com</u> or (703) 863-2382.

#### **APPLICATION FORM**

#### **Swimmer Information**

No.	Swimmer's Name	Medical Conditions/Allergies/ Medications, etc.	Gender (circle one)	Age on June 5 <sup>th</sup>
1.			M / F	
2.			M / F	
3.			M / F	
4.			M / F	

Include all medical conditions, allergies, medications, and significant injuries of which Swim Team Staff should be aware (attach extra page if necessary). If you have more than 4 swimmers, please write their information on the back of this sheet.

#### Parent/Guardian Contact Information:

Parent/Guardian's Name:	Email:	
Phone Number: Home:	Cell:	
2 <sup>nd</sup> Parent/Guardian's Name:	Email:	
Phone Numbers: Home:	Cell:	
Home Address:		

#### VOLUNTEER SLOTS – EACH FAMILY MUST CHOOSE 2

On the following pages is a list of **"Volunteer Options."** Please list your two (2) preferred positions below (preferred positions are not guaranteed) and you will be notified of your assignments before June 15:

Volunteer Position #1:	Date:
Volunteer Position #2:	Date:
If you have the time 🕲: Volunteer Position #3:	Date:

#### Parent/Guardian Release and Signatures

I (We), parent(s) or guardian(s) of the children listed on this Application form, having read it in its entirety, consent to their participation in the Avenel Alligators Swim Team. As in all active sports, I (We) understand that there are risks and hazards and accidents may occur. I (We) recognize swimming is a rigorous sport and accept the risks to our children that are inherent in the activity. I (We) agree to Release, Hold Harmless and Indemnify the Avenel Community Association, Inc. and its directors, officers, employees, agents, members, contractors, and volunteers from all claims, liabilities and costs, arising out of any accident, injury, or loss sustained by my children listed on this form in connection with which arise out of participation the Avenel Alligators Swim Team activities. I (We) hereby give permission to Avenel Community Association and its contracted pool management company and lifeguards, and the Avenel Alligators Swim Team staff and volunteers to provide medical care, as may be necessary to my children listed on this form. I (We) also give consent in case I (We) may not be reached, that my (our) children may receive further medical care at a doctor's office, hospital, acute care clinic or emergency department, as may be required by the circumstances.

Parent/Guardian's Signature	Date	
Parent/Guardian's Signature	Date	

#### **Volunteer Policy for Avenel Alligator Families**

Volunteers are crucial for any youth athletic organization to function. We greatly appreciate the time that parents volunteer to the team because we cannot have a team without them! Based on our research of other swim teams' volunteer requirements, we have adopted the following volunteer policy, which we believe to be fair and manageable.

# The following volunteer policy applies to the parents/guardians of all Avenel Alligators swimmers who compete in team swim meets:

- If your child(ren) is a team swimmer (i.e., not Pre-Team), <u>you are required to volunteer for a minimum of two (2) slots</u> at swim meets and/or swim team social events over the course of the season. *Please note that the Volunteer Options include some purchases for the team that may be made in lieu of volunteering your time*.
- 2. If you personally are unable to volunteer, you may find a substitute (another parent or family member (age 14+), or adult guardian, such as a nanny or babysitter, who speaks fluent English) to fulfill your requirement.
- 3. This policy applies to parents/guardians of ALL swimmers participating in one or more swim meets, regardless of age, level of participation, or number of years with the team. While parents/guardians of Pre-Team members are very welcome to volunteer, it is not required.
- 4. If you have not fulfilled your volunteer requirement by the date of the last meet of the season (July 12), your swimmer will not be allowed to participate in Divisionals, Relays, or Champs and will not be allowed onto the team next year. The only exception is volunteers whose second volunteer slot has been confirmed to be at the season-end banquet. We recognize this is a stringent requirement, but for the past few seasons, the same 8-10 parents have volunteered for multiple duties, while other parents volunteer for nothing, and this is not fair. We provide good role models when we volunteer, and the kids absolutely do notice.

5. When volunteering, please sign the volunteer check-in sheet located at the Pool's front desk in order to receive credit for your participation. It is the volunteer's responsibility to sign in and to remain for the entire session he/she is working, regardless of when his/her swimmers' races are completed.

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Sign up for a minimum of two (2) volunteer positions (or choose an alternative listed below) if you are a Swim Team parent, and one (1) volunteer position if you are a Pre-Team parent.

#### **VOLUNTEER OPTIONS (enter your choices on page 2)**

The swim team has two home meets at Avenel Pool this year, on 6/26 and 6/28; two away meets on 6/21 and 7/12; the Lollipop Meet for the Pre-Team on Saturday 7/14 from 4:30-6:30 pm; social events on Friday 6/1 from 6-8 pm (pizza, crafts and pool games) and Saturday 7/7 from 7 to 10 pm (movie night); and our post-season Banquet and Paper Plate Awards on 7/25 from 5:30-8:00 pm. All of these events require volunteers.

Friday, June 1, 6-8 pm - Team Social – Crafts, Pizza and Pool Games	# Needed:
Plan and supervise crafts	
Plan, buy materials for, and supervise two separate craft activities (one for younger and	2
one for older kids)	
Donate Ice & paper goods and serve pizza	
Donate paper plates, napkins, cups and ice; serve pizza	1
Plan and supervise games	
Plan and supervise games (pool volleyball, pool noodle races, crab races in kiddy pool,	2
soccer shooting contest, etc.)	
Clean up after event ends (8 pm)	
Clean up food waste, take garbage to bins, sweep activity room, put away chairs	2

#### Thursday, June 21, 4:30-7 pm - Away Swim Meet @ Belle Haven CC (Alexandria, VA)

Lane Timers	
Using a stopwatch, time swimmers in one of 6 lanes; report time to master recorder.	7
Computer Input Assistant	
Help Computer Input Operator with entering results during the meet.	1
Runner	
Take the completed event cards and DQ forms for each race from the timers to the	1
scoring table; take printouts of final results from Computer Operator to Announcer.	

Tuesday, June 26, 4:30-7 pm - Home Swim Meet	# Needed:
Lane Timers	
Using a stopwatch, time swimmers in one of 6 lanes; report time to master recorder.	10
Announcer	
Announces races over microphone, introduces swimmers, announces winners according	1
to Computer Operator's printouts.	
Concessions	
Stay at concessions table - post price list (provided) and sell food & drinks throughout	2
the meet; set up/take down concession stand.	
Runners	
Take the completed event cards and DQ forms for each race from the timers to the	1
scoring table; take printouts of final results from Computer Operator to Announcer.	
Master Recorder	
Marks the official time for each swimmer, records the order of finishes, then takes the	2
completed form to the computer operator for scoring.	
Computer Input	
Prepare meet entries, psych sheet and meet program, and key in results during meets.	1
Set Up	
Set up tables and tents and move deck chairs and patio tables. These volunteers will	2
arrive 1-2 hours prior to the start of the meet.	
Tear Down	
Take down and store folding tables and tents, move patio furniture and dismantle	2
concession stands.	

### Thursday, June 28, 4:30-7 pm, Home Swim Meet

Lane Timers	
Using a stopwatch, time swimmers in one of 6 lanes; report time to master recorder.	10
Announcer	
Announce races over microphone, introduce swimmers, announce winners according to	1
Computer Operator's printout.	
Concessions	
Stay at concessions table - post price list (provided) and sell food and drinks throughout	2
the meet; set up/take down concession stand.	
Runners	
Take the completed event cards and DQ forms for each race from the timers to the	1
scoring table; periodically take race results from Computer Operator to Announcer	
Master Recorder	
Marks the official time for each swimmer, records the order of finishes, then takes the	2
completed form to the computer operator for scoring.	

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Computer Input	
Prepare meet entries, psych sheet and meet program, and key in results during meets.	1
Set Up	
Set up tables and tents and move deck chairs and patio tables. These volunteers will arrive 1-2 hours prior to the start of the meet.	2
Tear Down	
Take down and store folding tables and tents, move patio furniture and dismantle concession stands.	2

### Saturday, July 7, 7-10 pm, Team Social – Movie Night

Supervise movie	
Find/rent and set up laptop projector; ensure screen/sheet is properly hung (if needed),	2
start and stop movie, supervise kids getting seated and during movie	
Donate Ice & paper goods and serve pizza	
Donate paper plates, napkins, cups and ice; serve pizza	1

# Thursday, July 12, 4:30-7 pm, Away Swim Meet @ Montgomery CC (Gaithersburg, MD)

Lane Timers	
Using a stopwatch, time swimmers in one of 6 lanes; report time to master recorder.	7
Computer Input Assistant	
Help Computer Input Operator with entering results during the meet.	1
Runner	
Take the completed event cards and DQ forms for each race from the timers to the	1
scoring table; take printouts of final results from Computer Operator to Announcer.	
Plan and supervise games	
Plan and supervise games (pool volleyball, pool noodle races, crab races in kiddy pool,	2
soccer shooting contest, etc.)	
Clean up after event ends (10 pm)	
Clean up food waste, take garbage to bins, sweep activity room, put away chairs	2

# Saturday, July 14, 4:30-6:30 pm, Pre-Team Lollipop Meet

<b>Set-up</b> Arrive 1 hour before start-time; set up tables and tents (if needed), move deck chairs and patio tables, check in other volunteers.	1
Announcer Announce races over microphone, introduce swimmers, announce winners/times according to Master Recorder's record at the end of swim vents.	1
<b>Ribbon Preparer</b> Write names and events on ribbons; hand out ribbons when Announcer gives results at end of swim events.	1

Clean up after meet	1
Clean up food waste and trash, take garbage to bins, put deck chairs and patio tables	2
back in place (if needed)	

#### Wednesday, July 25, 5:30-8:00 pm, End-of-Season Banquet and Paper Plate Awards,

Preparation and help with serving	
Set up tables and chairs, trophies, food, beverages, etc.; keep food tables clean and tidy	3
during dinner	
Pick up and deliver food	
Pick up ordered food from restaurant in Potomac/Rockville/Gaithersburg area and	1
deliver to clubhouse between 4:00 and 5:00 pm.	
Donate Dessert, ice, drinks & paper goods	1
Donate paper plates, napkins, and cups; ice cubes in cooler; soft drinks, lemonade and	
water sufficient for all attendees; and a dessert (e.g., cookies, brownies)	
Clean up	
Clean up food waste, take garbage to bins, sweep activity room, put away chairs	3

### **OTHER OPTIONS FOR FULFILLING YOUR VOLUNTEER SLOTS (circle your choice):**

- Sponsor the swim team for \$500 and get a banner with your business' name advertised at all home meets (including the Lollipop Meet), plus an 8-1/2 X 10" ad to be posted throughout the season in the entry to the Swim Club. Your business also will be listed in a "thank-you" ad/article in Avenel Living Magazine at season's end. This would fulfill <u>both</u> of a family's volunteer obligations.
- 2. Donate \$300 for a microphone and speaker for use at swim meets (for example, <u>like this model from</u> <u>Amazon</u>). This would fulfill <u>both</u> of a family's volunteer obligations.
- 3. Donate \$300 for (a) a new tent for the team, and (b) a new "Avenel Records" sheet to post in the Clubhouse foyer (to update the old one). This would fulfill <u>both</u> of a family's volunteer obligations.
- 4. Donate \$275 toward the purchase of trophies or medals for all swimmers, to be given out at Banquet. This would fulfill <u>both</u> of a family's volunteer obligations.
- 5. For a home meet on June 26 or 28, donate \$125 worth of pizza, drinks and/or snacks and deliver (or have delivered) to the pool 1-2 hours before meet's start (or arrange earlier drop-off with coaches or swim team reps). The food and drinks will be sold at the meet to raise the money for our season-end banquet. This would fulfill one of a family's two volunteer obligations (or both obligations if for both home meets).
- 6. Pay \$150 for <u>each</u> volunteer slot you cannot fulfill so that we can hire a replacement from the pool management company (a total of \$300 if you cannot fulfill either of your family's two-slot obligation).

Questions? Contact Teresa Lee, Swim Team Representative, at <u>tleewu@gmail.com</u> or (703) 863-2382.